



ABEL FREDERIC NTOOGE

Versatile IT Professional | IT Support, Data Analytics, Digital Marketing, Project Manager & Cybersecurity Enthusiast

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📄 ABEL FREDERIC NTOOGE

LANGUAGES

French



English



AREAS OF INTEREST

→ Tech & Innovation

→ Music

→ Travel

STRENGTHS

→ Adaptability

→ Leadership

→ Teamwork

PROFILE

A versatile IT professional specializing in IT support, data analysis, and digital marketing, I hold a Master's degree in Artificial Intelligence and Economic Intelligence, as well as a Bachelor's degree in Communication, Marketing, and Digital Media. With solid expertise in the administration and support of information systems, I have helped optimize IT operations by reducing downtime and ensuring service continuity. Passionate about cybersecurity, data analysis, and strategic intelligence, I am eager to apply my technical and analytical skills to help an organization enhance the performance, reliability, and security of its digital infrastructure.

SKILLS

→ Operating systems (Windows, macOS, Linux) → Economic Intelligence

→ Systems and Network Management (Basic Concepts)

→ Programming (Python, Batch/SMB Scripting, Vibe Coding)

→ Web Development (WordPress, HTML, CSS, JavaScript)

→ Technical Support (IT Help Desk, Troubleshooting)

→ Project Management (Scrum)

→ Cloud Computing (Basic Concepts)

→ Machine Learning & Big Data (Basic Concepts, Data Science)

→ Data Visualization Tools (Power BI)

→ Microsoft Office Suite (Word, Excel, PowerPoint, Outlook)

→ Graphic design tools (Canva, Adobe Creative Suite - basics, GIMP - basics)

→ Process Automation (n8n, Fundamentals)

→ Backup and Recovery Tools

EXPERIENCES

IT Maintenance Intern

Yaoundé, Cameroon

CAPEF - Chamber of Agriculture, Fisheries, Livestock, and Forestry of Cameroon
11/2025 - 03/2026

- Diagnose and resolve hardware and software issues.
- Install, configure, and update workstations and peripherals.
- Assist with the management and inventory of IT equipment.

PDCVA - Agricultural Value Chain Development Project

Yaounde, Cameroon

Strategic Intelligence and IT Support Intern

09/2024 - 05/2025

- Collection, analysis, and synthesis of industry data for the preparation of strategic intelligence reports, informing strategic decision-making.
- Development of dashboards to visualize key data, improving understanding of market trends and access to information.
- Provision of first-level technical support, resolving 90% of IT incidents and ensuring user satisfaction.

Social Media Manager Yaounde, Cameroon
 AFROBIT PRODUCTIONS 09/2023 – 03/2024

- Develop and execute content strategies on social media platforms (Facebook, Instagram, X, and TikTok) to increase community engagement.
- Analyze campaign performance using data analytics tools to optimize the reach and impact of posts.

IT Support Intern Yaounde, Cameroon
 AREA Assurances 05/2023 – 07/2023

- Assist users in resolving day-to-day software and hardware issues, helping to ensure uninterrupted productivity.
- Install and configure peripherals and office software, ensuring compliance with the company's IT standards.

IT Support Intern Yaounde, Cameroon
 ORTHOSERVICES INC. 05/2023 – 07/2023

- Providing first-level technical support for Windows systems and Office applications.
- Contributing to the documentation of troubleshooting procedures to improve the efficiency of technical support

CERTIFICATIONS

Networking Basics	In progress (2026)
Cisco	
Introduction to Cybersecurity	2026
Cisco	
EFSET English Certificate	2025
EFSET	
B2 Upper Immediate	
Microsoft Office Specialist - PowerPoint	2023
Microsoft	
DELF (Diploma in French Language Studies)	2023
Ministry of National Education	
B2 Level	
Getting Started with Cisco Packet Tracer	2023
Cisco	

FORMATION

Master's Degree in Artificial Intelligence and Economic Intelligence	2025
PIGIER CAMEROUN	Yaoundé, Cameroun
Bachelor's Degree in Communication, Marketing, and Digital Media	2023
PIGIER CAMEROUN	Yaoundé, Cameroun
Bachelor's Degree in Information Technology	2020
La GAIETE International School Complex	Yaoundé, Cameroun